

FIRST
LUTHERAN
CHURCH



WOMEN OF THE ELCA

2019 BOOKLET

Bible Studies and Study Groups
Mission and Service Activities
Fellowship Events

822 Douglas Street
Alexandria, MN 56308

1655 18th Avenue
Alexandria, MN 56308

320.762.2196

admin@firstlutheranalexandria.com

www.firstlutheranalexandria.com

Facebook:

www.facebook.com/firstlutheranalexandria

Resources:

Devotionals, Programs, and Bible Studies

www.womenoftheelca.org

Cafe:

Online magazine for young women

www.boldcafe.org

Gather Magazine: www.gathermagazine.org

Call: 844.409.0576 (Toll Free)

Annual subscription \$19.95 (10 issues)

Gather Subscription Order Center

P.O. Box 336

Congers, NY 10920-0336

Our Purpose

As a community of women, created in the image of God, called to discipleship in Jesus Christ, and empowered by the Holy Spirit, we commit ourselves to:

- grow in faith
- affirm our gifts
- support one another in our callings
- engage in ministry and action and
- promote healing and wholeness in the church, the society, and the world

Our Mission

To mobilize women to boldly act on their faith in Jesus Christ.

FIRST LUTHERAN CHURCH WOMEN OFFICERS

President	Mary Morken	320.491.6234
Vice President	Mary Bess Biegner	320.766.8299
Secretary	Lola Anderson	320.766.2738
Treasurer	Cheryl Doose	320.834.2155

MISSION OPPORTUNITIES

MISSION: GROWTH

To provide a variety of learning experiences which strengthen each woman as a whole person, develop her potential, and equip her for ministry.

- Responsible for:
 1. Greeters at general meetings
- Encourage spiritual growth through:
 1. General Programs
 2. Bible Study
 3. Devotional life
 4. Promote Women's Week and Retreats at Luther Crest Bible Camp
- Promote use of church library
- Publicize Synod scholarships
- Promote attendance at Conference Meetings and WELCASWO convention
- Promote and publicize Mary Magdalene Award

Community & Growth Committee

Mary Morken, Chair	320.491.6234
Mary Bess Biegner	320.766.8299
Lola Anderson	320.766.2738
Cheryl Doose	320.834.2155

MISSION: COMMUNITY - GLOBAL

To enable each woman to value herself and others as created in God's image and redeemed through Christ; and to build up and celebrate relationships which are global, diverse, and interdependent.

- Promote Community World Day of Prayer
 - * Lola Anderson, Coordinator
- Invite new members to women's activities

MISSIONARY

Rev. Chandran Paul Martin serves as the Asia-Pacific Regional Representative. His primary responsibility focuses on church relations and diakonia ministries, which include health care, development and disaster response within Asia and the Pacific. He was educated in India and currently resides there. Chandran loves church music and liturgy and plays some basic percussion instruments.

MISSION: ACTION

To enable women to articulate and act upon their faith as disciples of Christ in all areas of life.

- Lutheran World Relief (kits and quilts)
- Newborn Kits for Global Health Ministries
- Maintain contact with our missionaries

Action Committee/Mission Quilters

Kathy Ortloff, Co-Chair	320.763.8477
Sandy Telander, Co-Chair	320.219.1509
Jenny Trumm, Co-Chair	320.763.6938
Luella Vendell, LWR	320.763.4518

Conference 8 contact for LWR:	320.763.8477
Kathy Ortloff	

MISSION QUILTERS

This is a time to be together in fellowship. Your time and talents are needed to rip, cut, sew, pin, or tie in quilt-making every third Tuesday in the Fellowship Hall from 8:00am-Noon. Coffee is provided. Join this ambitious group when you can.

LUTHERAN WORLD RELIEF

Individual items or complete kits can be dropped off in the LWR basket at church.

BABY CARE KITS

- 🌀 2 lightweight cotton t-shirts
- 🌀 2 long-or short sleeved gowns or sleepers (without feet)
- 🌀 2 receiving blankets, medium-weight cotton or flannel, or crocheted or knitted with lightweight yarn, up to 52" square
- 🌀 4 cloth diapers, flat fold preferred
- 🌀 1 jacket, sweater or sweatshirt with a hood, or include a baby cap
- 🌀 2 pairs of socks
- 🌀 1 hand towel, dark color recommended
- 🌀 2 bath-size bars (4 to 5 oz) of gentle soap, in original wrapping
- 🌀 2 diaper pins or large safety pins



Sizes up to 24 months may be used. Wrap items in one of the receiving blankets and secure with diaper pins. Gently used and clean items can be included.

FABRIC KIT



- 🌀 2 pieces of cotton or cotton-blend fabric (no knits or 100% polyester); fabric should have no stains or holes and be cut into pieces measuring 2 ¼ yards of 60" wide fabric, or 3 yards of 44" wide fabric, or 4 yards of 36" wide fabric
- 🌀 2 spools of matching or neutral-colored general purpose thread, 250-300 yards each

Fold thread and one piece of fabric inside second fabric piece and tie with yarn, sturdy string, ribbon, or strip of fabric.

SCHOOL KIT

- 🌀 4 70-sheet notebooks of wide-or college-ruled paper approximately 8" X 10 ½"
- 🌀 1 30-centimeter ruler, or ruler with centimeters on one side and inches on the other
- 🌀 1 pencil sharpener
- 🌀 1 blunt scissors (safety scissors with embedded steel blades work well)
- 🌀 5 unsharpened #2 pencils with erasers; secure together with a rubber band
- 🌀 5 ball point pens (no gel ink); secure with rubber band
- 🌀 1 box of 16 or 24 crayons
- 🌀 1 2 ½" eraser
- 🌀 1 sturdy drawstring backpack-style cloth bag approximately 14" X 17" with shoulder straps (no standard backpacks); recommended fabrics include heavy cotton, canvas, denim, and twill



Remove any excess packaging, pack all items in bag and close. Visit lwr.org/involved and click on School Kits for an easy-sew backpack-style bag.

PERSONAL CARE KIT

- ☉ 1 light- or medium- weight bath-size towel (approximately 52" X 27"), dark color recommended
- ☉ 2 bath-size bars (4-5 oz) of soap, any brand, in original wrapping
- ☉ 1 adult-size toothbrush in its original packaging (toothbrush multi-packs may be used by sealing an individual toothbrush in a business-size envelope)
- ☉ 1 sturdy comb, remove packaging
- ☉ 1 metal nail clippers, remove packaging



Wrap all the items in the towel and tie securely with ribbon or yarn.

GLOBAL HEALTH MINISTRIES Aren't Babies Wonderful?

Preparing for the birth of a baby is exciting. Parents attend classes to get themselves ready. They fix up a room for a nursery. They shop for diapers, blankets, and tiny shirts, even toys. They want to give the new life every advantage so this will be a happy occasion.

Not all mothers have such a happy experience. In some countries a piece of cloth may mean the difference between life and death for a baby. Some mothers do not even have a blanket to cover their newborn child. The midwives who deliver the majority of babies in developing countries do not always have the materials needed to ensure a safe delivery.

You can give babies in these countries a chance to get a good start in life by preparing newborn kits. They will be sent by Global Health Ministries to midwives to help them deliver a baby into a clean environment and provide the mother with a few necessities to keep her child warm and healthy.

NEWBORN KIT NEW or (USED ITEMS that have been washed and are in good condition)

- ☉ 1 bath towel
- ☉ 1 wash cloth
- ☉ 1 bath size bar Ivory soap
- ☉ 1 newborn cap
- ☉ 1 baby cotton blend or flannel shirt/kimono, size 0-3 months
*Short-sleeved, no sleepers
- ☉ 1 receiving blanket
- ☉ 2 cloth diapers and 2 large pins

Pack items in a 2-gallon Ziploc bag (squeeze out air before closing).

**Global Health Ministries
7831 Hickory Street NE
Minneapolis, MN 55432
612.586.9590**

BULLETIN BOARDS
Fellowship Hall and Foyer

Bonnie Thorfinnson

320.763.7726

HISTORY

Bonnie Thorfinnson

320.763.7726

Lola Anderson



320.766.2738

NOMINATING

Mary Morken
Mary Bess Biegner

320.491.6234
320.766.8299

MUSIC

Virginia Hegre
Glenda Seela



320.763.7935
320.763.7754

WOMEN OF THE ELCA GATHERINGS

JANUARY

Chili and Games: Thursday, January 3 at 12:00 noon (Fellowship Hall)
Server: Your WELCA Board
Program: New Year's Party

DATES TO REMEMBER:

Thursday, January 10	Bible Study Leaders at 10:30am
Tuesday, January 15	Mission Quilters, 8:00am to 12noon
Thursday, January 17	WELCA Bible Study Groups

FEBRUARY

Thursday, February 7 at 12:00 noon (Fellowship Hall)
Server: Boaz and Ruth Bible Study Group
Program: Handbells (Ann Koudela)

DATES TO REMEMBER:

Thursday, February 14	Bible Study Leaders at 10:30am
Tuesday, February 19	Mission Quilters, 8:00am to 12noon
Thursday, February 21	WELCA Bible Study Groups

MARCH

Thursday, March 7 at 12:00 noon (Fellowship Hall)
Server: Esther Bible Study Group
Program: Opening Borders (Bonnie Miller)

DATES TO REMEMBER:

Friday, March 1	World Day of Prayer
Thursday, March 14	Bible Study Leaders at 10:30am
Tuesday, March 19	Mission Quilters, 8:00am to 12noon
Thursday, March 21	WELCA Bible Study Groups

APRIL

Thursday, April 4 at 12:00 noon (Fellowship Hall)
Server: Hannah Bible Study Group
Program: Ukranian Egg Art (Carolyn Petefish)

DATES TO REMEMBER:

Thursday, April 11	Bible Study Leaders at 10:30am
Tuesday, April 16	Mission Quilters, 8:00am to 12noon
Thursday, April 18	WELCA Bible Study Groups

MAY

Thursday, May 2 at 12:00 noon (Fellowship Hall)
Server: Lydia Bible Study Group
Program: Memories of First

DATES TO REMEMBER:

Thursday, May 9	Bible Study Leaders at 10:30am
Thursday, May 16	WELCA Bible Study Groups
Tuesday, May 21	Mission Quilters, 8:00am to 12noon

JUNE

There will be NO general WELCA gathering.

DATES TO REMEMBER:

(Bible Study Groups do not meet in the summer months)
Tuesday, June 18 Mission Quilters, 8:00am to 12noon

JULY

There will be NO general WELCA gathering.

DATES TO REMEMBER:

(Bible Study Groups do not meet in the summer months)

Tuesday, July 16 Mission Quilters 8:00am-12:00 noon

AUGUST

There will be NO general WELCA gathering.

DATES TO REMEMBER:

(Bible Study Groups do not meet in the summer months)

Tuesday, August 20 Mission Quilters 8:00am-12:00 noon

SEPTEMBER

There will be NO general WELCA gathering.

DATES TO REMEMBER:

Thursday, September 12	Bible Study Leaders at 10:30am
Fri-Sat, September 13-14	Synod Women's Organization Convention -- Trinity, Detroit Lakes
Tuesday, September 17	Mission Quilters, 8:00am to 12noon
Thursday, September 19	WELCA Bible Study Groups

OCTOBER

Thursday, October 3 at 12:00 noon (Common Area Space)
Server: Mary Bible Study Group
Program: A Show of Hands (David and Marilyn Bengtson)
* **Election of Officers for 2020**
* **Installation of Officers with Pastor**

DATES TO REMEMBER:

Thursday, October 10	Bible Study Leaders at 10:30am
Tuesday, October 15	Mission Quilters, 8:00am to 12noon
Thursday, October 17	WELCA Bible Study Groups

NOVEMBER

Thursday, November 7 at 12:00 noon (Common Area Space)

Server: Naomi/Ruth Bible Study Group

Program: Feed My Sheep Ministry

* Thankoffering Received

DATES TO REMEMBER:

Thursday, November 14 Bible Study Leaders at 10:30am

Tuesday, November 19 Mission Quilters from 8:00am-12:00pm

Thursday, November 21 WELCA Bible Study Groups

DECEMBER

Thursday, Dec 5 at 11:30am (Common Area Space)

Server: Esther Bible Study Group

Program: Advent Devotion Time - Pr. Marilee Bergerson

DATES TO REMEMBER:

Thursday, December 12 Bible Study Leaders at 10:30am

Tuesday, December 17 Mission Quilters, 8:00am to 12noon

Thursday, December 19 WELCA Bible Study Groups

BIBLE STUDY GROUPS

(*Denotes Chairperson, ALL are area code 320 unless noted)

BOAZ AND RUTH (Meets third Thursday at 7:00pm)

Brian and Bernice Berg.....	808.3268
Verdell and Darlene Berger.....	762.8090
Vinal and Kathy Franson.....	491.8918
Ken and Cindy Losch.....	283.5618
Bob and Sonja Loucks.....	763.5708
Darrel and Carole Magnuson.....	808.1638
Paul and Joan Thompson.....	763.5017
*Ivan and Lois Wambheim.....	763.4724

DEBORAH (Meets third Thursday at 1:30pm at Grand Arbor)

Sonia Bale.....	759.4700
Corinne Ehlke.....	759.4869
Avis Fagerlund.....	759.4872
Marliss Fleck.....	760.8233
Ruth Irgens.....	759.4708
Addy Jones.....	759.2016
Carol Kittleson.....	252.6348
Patti Knutson.....	304.0401
* LaVina Larson.....	762.2025
ShirleyLarson.....	759.4729
LoisLubeck.....	759.4864
DorisMiller.....	763.4751
Bev Nelson.....	763.3828

BIBLE STUDY GROUPS

(*Denotes Chairperson, ALL are area code 320 unless noted)

ESTHER (Meets third Thursday at 9:30am)

*LolaAnderson.....	283.5741
Raquel Barros.....	524.2772
MaryBess Biegner.....	766.8299
BeckyEllis.....	605.940.1236
Mary Franzen.....	612.590.3479
GracieLewis.....	759.2175
Barbara Riley.....	763.9759
Margaret Schroeder.....	763.5875
Dianne Schoeneck.....	763.4019
Lillian Schuneman.....	759.1184
Ruth Stob.....	763.6874
Bonnie Thorfinnson.....	763.7726

HANNAH (Meets third Thursday at 9:30am)

Phyllis Ackerman.....	763.5494
Ruth Amundson.....	846.5400
Darlene Bartelt Berger.....	762.8090
BevDokken.....	762.1932
Jane Lamca.....	759.2225
Vivian Rindelaub.....	763.7872
Elrene Rosell.....	762.2264
*Glenda Seela.....	763.7754
Joan Suckow.....	762.2758

LYDIA (Meets third Thursday at 9:30am)

LindaEngebretson.....	846.0911
Jean Erickson.....	763.2838
Shirley Fielder.....	763.2969
*JaniceHartwig.....	846.0098
Ruth Nelson.....	759.4895
MaryNorlien.....	762.1250
Phyllis Norton.....	763.5620
Judy Trana.....	763.6120
Jenny Trumm.....	763.6938
Judy Voss.....	219.7399

BIBLE STUDY GROUPS

(*Denotes Chairperson, ALL are area code 320 unless noted)

MARY (Meets third Thursday at 9:30am)

Mary Ann Bearson.....	852.7026
Judy Berger.....	852.6902
Ardis Botner.....	701.212.7120
Sue Johnson.....	763.6705
Marjean Larson.....	219.7471
Kathy Moen.....	763.4077
Mary Morken.....	491.6234
*Kathy Ortloff.....	763.8477

MARTHA (Meets third Monday at 5:00pm at Arabella Manor)

Doris Burkey.....	762.1808
Lucille Christensen.....	762.7951
Bernita Darveaux.....	763.6248
Fran Engstrom.....	763.7284
Evelyn Grove.....	218.205.6321
*Betty Hiebel.....	707.326.3493
Mary Kanten.....	760.5503
Marge Thompson.....	763.3988

NAOMI / RUTH (Meets third Thursday at 9:30am)

Cheryl Doose.....	834.2155
Char Halvorson.....	808.4594
Jeanne Gronli.....	406.606.2097
Lois Lundberg.....	763.6912
Loretta Lundy.....	762.5613
* Beth Melaas.....	701.240.5308
Ruth Osterberg.....	763.9466
Gail Schroeder.....	763.7235
Arlou Schwendemann.....	491.3381
Lois Wambheim.....	763.4724



NORTHWESTERN MINNESOTA SYNODICAL WOMEN'S ORGANIZATION CONFERENCE 8

Conference 8 Churches:

- | | |
|--|--|
| 1. Aastad, Elbow Lake | 17. Lincoln, Hoffman |
| 2. Bethel, Hoffman | 18. Little Sauk of Long Bridge, Osakis |
| 3. Bethesda, Alexandria | 19. Messiah, Hoffman |
| 4. Calvary Little Sauk, Long Prairie | 20. Nora, Kensington |
| 5. Calvary, Alexandria | 21. Osakis, Osakis |
| 6. East Moe, Garfield | 22. Oscar Lake, Holmes City |
| 7. Elmo, Parkers Prairie | 23. Peace, Ashby |
| 8. Esther, Parkers Prairie | 24. Rock Prairie, Elbow Lake |
| 9. Faith, Miltona | 25. Shalom, Alexandria |
| 10. Faith, Eagle Bend | 26. Shepherd of the Valley, Clarissa |
| 11. Faith, Evansville | 27. Trinity, Holmes City |
| 12. First Evangelical, Parkers Prairie | 28. Trinity, Wendell |
| 13. First, Alexandria | 29. United, Elbow Lake |
| 14. First, Kensington | 30. West Moe, Brandon |
| 15. Good Shepherd, Wheaton | 31. Zion, Browerville |
| 16. Grue, Ashby | |

Northwestern Minnesota Synod Conferences

1. Roseau
2. Thief River Falls
3. Crookston
4. Bemidji
5. Moorhead
6. Detroit Lakes
7. Fergus Falls
8. Alexandria



2019

January						
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October						
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December						
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BIBLE STUDY MEETINGS: 2019

Date	Hostess	Bible Study Leader
January		
February		
March		
April		
May		
September		
October		
November		
December		